



The World Community
for Christian Meditation
Australia
Victoria



ADVENT RETREAT 2021

Being at Home



Date: Saturday 13th November
and Sunday 14th 2021

Venue: On Zoom

Details: Cost \$25 for one day
and \$50 for both days

If you are planning to attend you will
need to register with Liz Philippou
Email: lizphilippou101@gmail.com
Mobile: 0412 384 373

Liz will also send you the Zoom link.

Payment: BSB 013 128 Account 256 186 646.
Scholarships available.

Presenter: Susanna Pain

*Waking up this morning, I smile.
Twenty-four brand new hours are before me.
I vow to live fully in each moment
and to look at all beings with eyes of compassion.*
– Thich Nhat Hanh

Susanna has practised meditation in various forms for over thirty years now. She considers herself a beginner, always having to begin again. Christian Meditation is central to her being and spiritual practice, and she forms a Christian Meditation Group whenever she moves to a new place.

Susanna is Anglican Dean of St Paul's Cathedral, Sale in the Diocese of Gippsland, where she leads a community of faith in prayer and worship and action.

She enjoys leading retreats, quiet days and Creative Interplay Workshops. She also values walking with others in Spiritual Direction and Supervision.



WCCM Australia (Vic) Inc
wccmaustralia.org.au

If you require further information
contact chrmedvic@gmail.com
or Mary Hartwig: 0431 408 336