## World Community for Christian Meditation in South Australia Silent Retreat Day—Standing at the Crossroads: Benedictine Wisdom for Everyday Life







Saturday 11th MAY 11 am – 4 pm

At St Saviour's Anglican Church Hall, 596 Portrush Rd, Glen Osmond, S. A.

**About the day**—St Benedict of Nursia lived 1500 years ago, yet today many people are finding wisdom and inspiration for living in the words of his monastic rule. Today's retreat will focus on the promises a monastic makes when they are received into the community: the promises of stability, conversatio morum and obedience. These promises face us with three basic requirements for our own spiritual growth: the need to not run away, the need for change and the need to listen.

**Gary Stuckey**—is a good Friend of our Community. He is a soon to be retired Minister of the Word in the Uniting Church. He has served several congregations as well as founding the Stillpoint Faith Community and serving as Director of the Stillpoint Spirituality Centre (2010-2016). As a monastic Brother in of the Community of the Transfiguration he has a deep interest in the way the monastic life can guide our Christian journey.

- Please bring your own lunch (not for sharing) and your own cup, tea and coffee supplied
- Suggested donation \$15
- For more information and to register: email chr.med.southaust@gmail.com