**NORTHERN AND WESTERN NSW**

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| **ARMIDALE** – Holy Family Parish Ctr Mtg Room. Rusden Street (If new please ring to be met) | Wed 17.30 | Eileen Kelly 0429 439 213 |
| **BALLINA (1)** Anawin Parish House (Next to Catholic Church), Cherry St | Sat 09.30 | John Cheadle 0488 799 023 |
| **BALLINA (2)** St Mary’s Anglican Church cnr Burnett & Norton Sts | Mon 09.00 | Rev.David Brown 6628 1475 |
| **BATHURST** Catholic Presbytery: Chapel | Tues 08.00 Tues 17.30 | Terry Mahony 6331 1995 |
| **BELLINGEN** St Margaret’s Anglican Church  100 Hyde Street | Fri 16.00 | Rev Zoe Everingham 6655 1475 |
| **COBAR** – Private residence | Mon 16.00 | Sr Trish Vag 6836 4186 |
| **DORRIGO –** Sacred Heart Catholic Church, Karabin Street – meet in Sacristy | Fri 13.30 | Trish Muldoon 0414 477 414 |
| **FORSTER** Catholic Church Meeting Room cnr Lakes Way and Lake Street. | Tues 09.00 | Monica Hunt 6555 7038 |
| **HALLIDAYS POINT –** Haliday Shores Retiremet Village, Craft Room | Tues 15.30 | John O’Donnell 0417 249 466 |
| **KINCUMBER** St Joseph’s Convent,  Humphreys Rd-**1st Wednesday each month** | Wed 18.00 | John Sheehan 4381 1002 |
| **KINGSCLIFF** St Anthony’s Catholic Church Meeting Room, 16 Pearl Street  **(ONLY 1ST & 3RD FRIDAYS OF EACH MONTH)** | Fri 09.00 | Marie McCarthy 6674 1577  0418 618 631 |
| **LAWSON** Outside Chapel behind Santa Maria Centre next to Our Lady of the Nativity Catholic Church, Great Western Highway | Wed 17.00 | Terry O’Donnell 4758 7683 |
| **LEURA** 227 The Mall | Mon 10.00 | Barbara Smith 4787 6032 |
| **LIGHTNING RIDGE** St Joseph’s Convent, Morilla St | Wed 17.00 | Merilyn Knight 6829 0386 |
| **MULLUMBIMBY** St Johns Church, Parish Rm | Wed 16.00 | Mrs Judy Nicholls 6684 2225 |
| **MURWILLUMBAH** Building behind Our Lady of Perpetual Succor Church. **School terms only** | Thur 13.45 | Philomena Zambelli 6672 4635 |
| **NAMBUCCA HEADS** Our Lady Star of the Sea (School Term only and Not Public Holidays) | Mon 16.00 | Janice Dingle 0411 668 206 |
| **PORT MACQUARIE** St Francis of Assisi Catholic Church, Lochinvar Place | Wed 18.00 | Simon Mervyn-Jones 0412 236 977  6584 7135 |
| **ROUS MILL** United Church Rous Rd | Tues 16.00 | Rev David Brown 6628 1475 |
| **SPRINGWOOD** United Church, Lewis St | Sat 08.00 | Geraldine Cook 47512010 |
| **TAMWORTH** St John’s Anglican Church, Cathage St | Wed 19.30 | Jacqueline Dabron 6766 3943 |
| **TAREE** – Catholic Church Library/Reading Room. Albert Street, Taree | Mon 10.00 | Gabrielle Archer 6556 7248 |
| **TERRIGAL** Holy Trinity Anglican Church,  92 Serpentine Rd, Terrigal | Mon 10.00 | Rev Ann Watson 4365 1065  0427 135 771 |
| **THE ENTRANCE** Our Lady of the Rosary,  The Entrance Rd | Fri 10.30 | Lynette Falken 4334 4207 |
| **WOY WOY** St John the Baptist Catholic Church, 54 Victoria Rd, Woy Woy | Mon 18.00  Thur 14:00 | Marian 0432 882 776 |
| **YOUNG** St Mary’s Chapel, Rippon Street | Wed 17.30 | Kerry Ray 6382 5460 |

**NEWCASTLE – HUNTER VALLEY**

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| **CHARLESTOWN** St Albans Church, St Albans Close | Mon 08.30 | Linda Rees 0249 439 955  Janet Storer 0249 423 514 |
| **JESMOND** **PARK** Uniting Church, 15 Robert St (**NOT PUBLIC HOLIDAYS**) | Mon 19.00 | Maryann Burns 0249 574 921 |
| **KOTARA** St Philip’s Catholic Church Vista Parade | Tues 18.00 | Judith North 0412 389 468 |
| **MARMONG POINT** – Private residence | Thur 17.00 | Gail Doolan 0249 581 177 |
| **MEREWETHER** Uniting Church,  178 Glebe Road, Merewether. | Tues 17.00 | Jennifer Burns 0411 133 679 |
| **NELSON BAY** Catholic Church | Fri 10.30 | Jim Timbs 0249 819 070 |
| **RAWORTH** – Private residence | Wed 10.00 | Beverley O’Toole 0249 335 217  0408 909 950 |
| **TENAMBIT** – Private residence  Phone Contact for group | Wed 19.00 | Monika Millar Group Leader  Bev & Bob O’Toole 0408 909 950 |
| **TIGHES HILL** Mercy Services 32 Union St (**NOT PUBLIC HOLIDAYS**) | Mon 16.00 | Jennifer Burns 0411 133 679 |
| **THE JUNCTION** Living Waters Meditation Centre, 34 Kenrick Street **(NOT PUBLIC HOLIDAYS)** | Mon 18.30 Wed 07.45 Fri 11.00 | Sr Carmel Moore 0412 122 297 |
| **TILLINGERRY** – Port Stephens Anglican Church, 8 Strathmore Rd | Wed 16.00 | Jennifer Gorringe 0249 845 195 |

**SOUTHERN HIGHLANDS & TABLELANDS**

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| **BRAIDWOOD** St Bedes Catholic Church,  Wallace St | Thur 10.15 | Br Brian Berg 4842 2444 |
| **BOWRAL** Mt Emyard Retirement Village | Tues 11.30 | Chris Styles 4872 3003 |
| **GOULBURN** St Saviour’s Cathedral Hall Cnr Bourke/Church Sts **(SCHOOL TERM ONLY 3rd Thurs of month)** | Thur 17.30 | Helen Rainger 4821 5725 |
| **GOULBURN** Wollondilly Gardens,  10 Martin Drive | Tues 10.00 | June Cashman 0458 210 483 |
| **MITTAGONG** – Private residence | Tues 17.00 | Isobel Marchment 4871 1563 |
| **MITTAGONG**, Abbey House Nursing Home, 300 Range Road, Mittagong | Mon 15.00 | Chris Styles 4872 3003 |

**ILLAWARRA**

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| **DAPTO** St John the Evangelist Chapel, Jerematta St | Thur 16.00 | Monica Dowdell 0412 056 877 |
| **GERRINGONG / KIAMA** Parish Meeting Room, Our Lady of the Sea Catholic Church Gerringong | Tues 16.00 | Maria Baden 4234 4833  0408 245 212 |
| **KIAMA** Uniting Church, Manning Street | Wed 16.00 | Michele Broad 0400 324 708 |
| **WEST WOLLONGONG** St Therese Church, (at rear) | Mon 18.00 | Monica Dowdell 0412 056 877 |

**SHOALHAVEN**

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| **MILTON/ULLADULLA** – Private residence | Tues 19.00 | Ann Troup 4454 4741 |
| **MILTON** Catholic Church, Corks Lane Parish House. Phone for details. | Mon 11.00 | Lynne Kelly 4454 0262  0407 540 263 |
| **NOWRA NORTH** – Private residence | Fri 10.00 | Jenny Kubale 4446 0504 |
| **NOWRA SOUTH** St John’s Chapel,  John Purcell Way | Mon 19.30 | Les Ambrus 4421 0988 |

**FAR SOUTH COAST (Sapphire Coast)**

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| **BEGA** – Private residence | Fri 10.30 | Leona Cairns 6492 5092 |
| **PAMBULA** St Peters Catholic Church,  Monaro St | Wed 19.30 | Jacqui Bell 6494 9766 |
| **TATHRA** – Private residence | Thur 16.00 | Jan Midena 6494 4116 |
| **TATHRA** Star of the Sea Catholic Church Annex | Mon 19.30 | Mary Plevey 0437 764 422  6494 1368 |

**EUROBADALLA**

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| **BATEMANS BAY** – Private residence | Mon 10.00 | Wilma KcKeown 4471 1287 |
| **MORUYA** St Johns Anglican Hall, Campbell St | Sat 09.30 | Rev Linda Chapman 0422 273 021 |
| **NAROOMA** Uniting Church Manse, 134 Wagonga Street | Fri 15.30 | Mandy Wheatley 0401 670 132 |

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| **ISOLATED RURAL MEDITATORS** | Wed 17.30 | Archie Zammit-Ross 4465 2135 Cazz Johnston 6492 8471 |

AUSTRALIAN CHRISTIAN  
MEDITATION COMMUNITY

NSW REGIONAL GROUPS



**AUGUST 2019**

NSW COORDINATOR - Jan Wylie

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[**www.wccm.org**](http://www.wccm.org)

***Meditation Introduction and Renewal days 2018***

***held at***

***St. Benedict’s Monastery, 121 Arcadia Rd., Arcadia***

***Commencing at 10:30am on the following Sundays***

***18 February, 20 May, 19 August, 18 November***

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Ann Bergman - (02) 9211 0560