



# *Meditatio Seminar*

by WCCM Australia

Invites you to join our online seminar



## *Health and Wholeness:*

*Healing Ourselves and Healing the Earth*

**Saturday 25 Sept 2021**

**10am to 4pm AEST**

**Laurence Freeman OSB** will lead us in meditation and talk about *The Power of Pure Attention and Information Alone is Not Enough*.

**Dr Barry White** will share with us how we can, and need to, place a contemplative practice at the centre, allowing us to live a life where being is primary to doing.

**Dr Peter Smith** will give us his insights into his personal experience of how meditation helped him cope with trauma following an accident.

**Janet O'Sullivan** will reflect on the interconnectedness of human and environmental health.

Register by 22 Sept:

[joanmmckeegan@outlook.com](mailto:joanmmckeegan@outlook.com)

A suggested donation of \$10 for the National Community and The WCCM Bonnevaux Program.

Account details:

NAB - Australian Christian Meditation Community

BSB: 083-166 A/c No: 868170813

Reference: HW and your full name.

The World Community for Christian Meditation Australia  
[wccmaustralia.org.au](http://wccmaustralia.org.au)