

A Contemplative Pilgrimage to the Holy Land

Meditate and pray in the land of Jesus' birth, death and resurrection. Join Fr Laurence Freeman OSB on an 8-day Contemplative Journey to the Holy Land 2 - 11 October 2023 with 3 days optional extension to Jordan.

"Leading the contemplative pilgrimage to the Holy Land earlier this year deepened my sense of pilgrimage as a way of prayer. It deepens faith and strengthens the interior journey – especially through the fellowship among the pilgrims. We become friends as our sense of the sacred is awakened in the holy places of the Gospel. Jesus becomes more humanly present and the world itself shows how the divine has penetrated through all creation and all time.

The Gospels come alive and the historical Jesus becomes one with the Risen Christ.

Our times of silence, worship and common reflection on the Scriptures at the actual places described there is an unforgettable experience. The pilgrims' ongoing sharing shows how enriching pilgrimage can be both at the time and for long after."

Laurence Freeman OSB

Details are available on the wccm.org website or through this link [Contemplative journey to the Holy Land](#)

Meditator Paul Dunn shares his past experience on this video [Contemplative Pilgrimage video](#)